



Cognitive Checklist for Children Development (Sources: US CDC, UK NHS and others)

The discussion is for information purpose only and should never be used for diagnosis. Please consult a certified medical professional for diagnosis.

By 12 months

- Pays attention to faces • Begins to follow things with eyes and recognize people at a distance • Begins to act bored (cries, fussy) if activity doesn't change • Lets you know if he is happy or sad • Responds to affection • Reaches for toy with one hand • Uses hands and eyes together, such as seeing a toy and reaching for it
- Follows moving things with eyes from side to side • Watches faces closely • Recognizes familiar people and things at a distance • Looks around at things nearby • Brings things to mouth • Shows curiosity about things and tries to get things that are out of reach
- Begins to pass things from one hand to the other • Watches the path of something as it falls • Looks for things she sees you hide • Plays peek-a-boo • Puts things in his mouth • Moves things smoothly from one hand to the other • Picks up things like cereal o's between thumb and index finger • Explores things in different ways, like shaking, banging, throwing • Finds hidden things easily • Looks at the right picture or thing when it's named • Copies gestures • Starts to use things correctly; for example, drinks from a cup, brushes hair • Bangs two things together • Puts things in a container, takes things out of a container • Lets things go without help • Pokes with index (pointer) finger • Follows simple directions like "pick up the toy"

By 24 months

- Knows what ordinary things are for; for example, telephone, brush, spoon • Points to get the attention of others • Shows interest in a doll or stuffed animal by pretending to feed • Points to one body part • Scribbles on his own • Can follow 1-step verbal commands without any gestures; for example, sits when you say "sit down" • Finds things even when hidden under two or three covers • Begins to sort shapes and colors • Completes sentences and rhymes in familiar books • Plays simple make-believe games • Builds towers of 4 or more blocks • Might use one hand more than the other • Follows two-step instructions such as "Pick up your shoes and put them in the closet." • Names items in a picture book such as a cat, bird, or dog

By 3 years

- Can work toys with buttons, levers, and moving parts • Plays make-believe with dolls, animals, and people • Does puzzles with 3 or 4 pieces • Understands what "two" means • Copies a circle with pencil or crayon • Turns book pages one at a time • Builds towers of more than 6 blocks • Screws and unscrews jar lids or turns door handle

By 5 years

- Can work toys with buttons, levers, and moving parts • Plays make-believe with dolls, animals, and people • Does puzzles with 3 or 4 pieces • Understands what "two" means • Copies a circle with pencil or crayon • Turns book pages one at a time • Builds towers of more than 6 blocks • Screws and unscrews jar lids or turns door handle • Names some colors and some numbers • Understands the idea of counting • Starts to understand time • Remembers parts of a story • Understands the idea of "same" and "different" • Draws a person with 2 to 4 body parts • Uses scissors • Starts to copy some capital letters • Plays board or card games • Tells you what he thinks is going to happen next in a book • Counts 10 or more things • Can draw a person with at least 6 body parts • Can print some letters or numbers • Copies a triangle and other geometric shapes • Knows about things used every day, like money and food